

NAPIER STREET AGED CARE SERVICES

ABN: 11 648 685 928

DAY CENTRE

Stimulating and enjoyable social programmes for older adults

For further information or to arrange a referral please contact the Day Centre Coordinator:

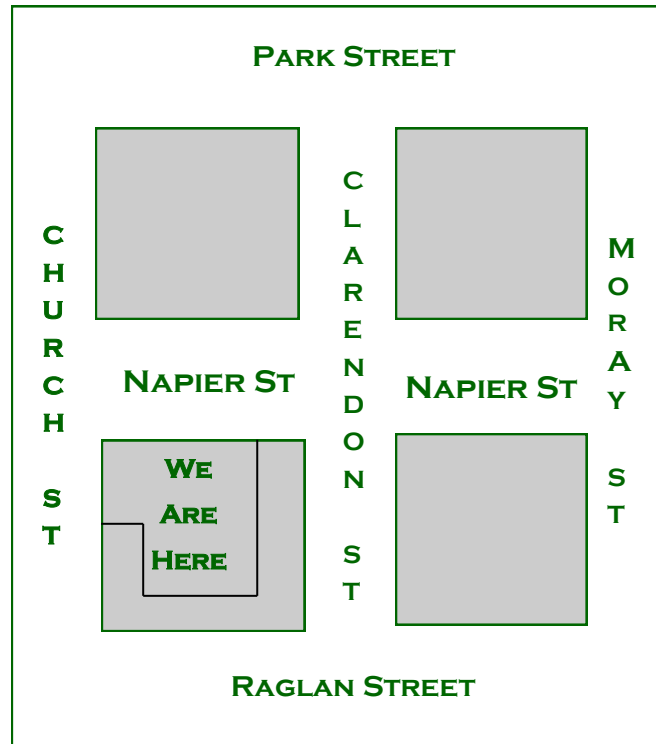
Melway Reference
Map 57 G2

Napier Street Day Centre
179 Napier Street
South Melbourne, Victoria, 3205

Phone: (03) 9682 5579
Fax: (03) 9690 1284
pearl@nsacs.org.au

Website : www.nsacs.org.au

Napier Street Day Centre is jointly funded by the Commonwealth and Victorian Government through the CHSP and HACC Programme.



Provider of quality care and services

for older people living in the

City of Port Phillip

AIMS OF THE DAY CENTRE

The Napier Street Aged Care Services Day Centre offers enjoyable and stimulating recreational programs in a relaxed and secure setting. A planned program of activities is provided for older adults and aims to enhance the skills required for daily living with a focus on providing physical, intellectual, emotional and social stimulation.

OPERATING TIMES

Tuesday to Friday

Tuesday:	<u>Social Group</u> 10.30am-3.00pm
Wednesday:	<u>Exercises for Health and Well-being</u> 10.30am-12.00pm <u>SRS's Men's Group</u> 1.15pm-3.15pm
Thursday:	<u>Social Group</u> 10.30am-3.00pm
Friday:	<u>Social Group</u> 10.30am-3.00pm

TRANSPORT

Transport to and from the Day Centre can be arranged for participants living in and around the City of Port Phillip. For those living further out other options may need to be discussed.

COST

Fees are assessed and charged in line with CHSP and HACC guidelines. No one is refused entry because of inability to pay. Most programmes include a home cooked meal and refreshments are also provided.

STAFF

The Day Centre is run by a team of staff who have experience in providing activities and support to older individuals with a range of needs.

CULTURE AND LANGUAGE

Our staff are sensitive to and respectful of people of CALD backgrounds and language groups. Interpreters can be arranged if needed.

REFERRALS

Referrals can be made by carers, family, friends, service providers, GP's, health professionals, self-referrals and through the MyAged Care website. Assessment, by a home or centre visit, is arranged to ensure the person interested is eligible and suitable for the programme.

WHO IS THE SERVICE FOR?

Older people who want stay active.
Older people who want to meet new friends.
Older people who enjoy going on trips.
Older people with disabilities.
Older people who live alone.
Older people who like to laugh and have fun.

If you are any of these people, we hope to hear from you soon.



Day Centre and Hostel Event